

COBRA RATES

EFFECTIVE 1-1-09

BLUE SHIELD HMO

1 PARTY	\$434.98
2 PARTY	\$805.65
3 PARTY	\$1,253.91

BLUE SHIELD POS

1 PARTY	\$593.05
2 PARTY	\$1,102.49
3 PARTY	\$1,718.67

KAISER

1 PARTY	\$389.77
2 PARTY	\$779.55
3 PARTY	\$1,103.06

DELTA DENTAL

1 PARTY	\$57.61
2 PARTY	\$115.23
3 PARTY	\$169.96

SAFEGUARD

1 PARTY	\$18.40
2 PARTY	\$27.61
3 PARTY	\$36.82

METLIFE

1 PARTY	\$52.89
2 PARTY	\$107.95
3 PARTY	\$167.41

MEDICAL EYE SERVICES

1 PARTY	\$6.06
2 PARTY	\$12.13
3 PARTY	\$17.88

ALL RATES ARE MONTHLY RATES

REVISED 11-20-08