



A Public Entity

Inland Empire Health Plan

Your Partner Updates

[Upload your Flyers Here](#)

If you have **free events** or **resources** to share with the community, click on the button above. Approved resources will be featured by IEHP.

Community Resources
at Your Fingertips!

Housing • Food • Transportation

Click HERE to visit ConnectIE.org

Community Updates

See what's happening in your community!

Resources related to COVID-19

Protecting the safety of our Members and community is our top priority. We'll continue to update our website iehp.org with the latest information and instruction regarding Coronavirus (COVID-19). We recommend calling organizations providing the resources below to verify that they are still active.

FREE or Low Cost Resources

Updates

[CAP-SB Utility Assistance and Family Services](#)

[Apple Valley COVID-19 Drive-Through Testing](#)

[Virtual Recovery Resources](#)

[Harm Reduction Tips COVID-19](#)

[COVID-19 and Cancer Resources](#)

[Source BH Riverside](#)

[SB COVID-19 Services](#)

[SB-COVID19 Services Spanish](#)

[Riverside County Resources](#)

[Spiritual Resources](#)

[Emergency Rule on Evictions and Foreclosures](#)

[How to Access-DPSS](#)

[Additional Resources Riverside County](#)

[DPSS Riverside County Office Closure](#)

[COVID-19 Resource List](#)

[COVID-19 Riverside County Non-Medical Contact Numbers](#)

[California Coronavirus COVID-19 Response](#)

[Coachella Valley COVID-19 Hotline \(760\) 837-8988](#)

[Riverside Community Health Foundation COVID-19 UPDATES](#)

[City of Riverside Information Regarding COVID-19 Coronavirus](#)

[San Bernardino County Behavioral Health COVID-19 Resources](#)

[COVID-19 San Bernardino County Office of Aging and Adult Services Programs Public Notice](#)

[Option House Inc- TAD, CFS and Legal Services Available By Appointment. Shelter Remains Operating 24 hours](#)

Resources for Advocates Serving Our Community

[How to Stay Healthy During COVID-19 Spanish](#)

[Stop Stress in its Tracks](#)

[CAP-SB Utility Assistance and Family Services](#)

[Choose Your Own Training Spanish](#)

[Choose Your Own Training](#)

[25 Ways to Get Moving at Home Spanish](#)

[RC Tobacco Free Coalition Photo Frame Challenge](#)

[ABI Webinar Wednesday 04/29/20](#)

[TODEC Legal Center](#)

[Working Remotely During COVID-19](#)

[Center for Employment Training Farm Workers](#)

[Center for Employment Training All Skills](#)

[Refugee and Immigration Services](#)

[Victor Community Support Center](#)

[Victor Community Support Center Spanish](#)

[Valley Star Community Services](#)

[FREE Educational Webinars Riverside County](#)

Resources for Advocates Serving Older Adults

[Alzheimers Association Virtual Classes and Support Groups](#)

[Center for Employment Training Veterans Services](#)

[Dementia Online Support Group](#)

[Inland Caregiver Resource Center-English](#)

[Inland Caregiver Resource Center-Spanish](#)

[COVID-19 San Bernardino County Office of Aging and Adult Services Elderly Nutrition Program Public Notice](#)

[COVID-19 San Bernardino County Office of Aging and Adult Services Senior Support Services Public Notice](#)

[COVID-19 San Bernardino County Office of Aging and Adult Services Disease Prevention and Health Promotion Public Notice](#)

[COVID-19 San Bernardino County Office of Aging and Adult Services Family Caregiver Support Program](#)

[NCLER is hosting a free webinar next Wednesday, March 25th at 11:00 a.m. PT/2:00 p.m. ET on Strategies for Providing Remote Legal Services to Older Adults](#)

[Webinar Recording: Legal Challenges in Emergencies: Helping Older Adults Facing Public Health Emergencies & the Aftermath of Natural Disasters, 3/19/2020](#)

[Legal Assistance for Older Americans & COVID-19](#)

Children/Youth

[Desert TAY and Resource Center April Calendar](#)

[Boylan Bingo 2020](#)

[Celebrate Autism Awareness Month](#)

[Keeping Families Together Spanish](#)

[Keeping Families Together](#)

[2020 RMCCF- College Scholarship](#)

[Student Assistance Program BH SB](#)

[Student Assistance Program BH SB Spanish](#)

[Free Mentoring Program-English](#)

[Free Mentoring Program-Spanish](#)

[Distant Learning Tips for Parents](#)

[COVID 19 Youth Webinar](#)

[Talking To Children About CVOD-19 \(Coronavirus\): A Parent Resource](#)

[Adelanto Elementary School District Will Be Providing Free Student Meals](#)

[Coachella Valley Unified School District Food Distribution](#)

[Desert Sands Unified School District Food Distribution](#)

[Hesperia School District Will Continue Offering Student Meals](#)

[Palm Springs Unified School District Food Distribution](#)

[Rancho Cucamonga School Closure Updates, Information On FREE Meals and Learning Materials](#)

[Redlands Free "Grab & Go Meals" For Children, Beginning March 30](#)

[Rialto Unified Child Nutrition Will Continue To Serve FREE Meals During School Closure](#)

[Rialto Unified Child Nutrition Will Continue To Serve FREE Meals During School Closure Spanish](#)

[Riverside Unified School District-Distance Learning](#)

[Riverside Unified School District Meal Service Information During School Closures](#)

[Riverside Unified School District At-Home Learning Opportunities](#)

[San Bernardino City Unified School District Updates](#)

[Victor Elementary School District Providing Meals For All District Students](#)

Food

[Food Resources](#)

[Heart Healthy Essentials for Meal Prep](#)

[Heart Healthy Essentials For Meal Prep Spanish](#)

[Huerta Del Valle Open for Business](#)

[Community Settlement Association CSA Food Pantry](#)

[Free Community Day and Health Fair Sunday May 3rd Rancho Cucamonga](#)

Feeding America Inland Empire

San Bernardino County Aging and Adult Services Congregate Meals Program Modified Services

Carol's Kitchen Serving Hot Lunches: Beaumont, Banning and Cabazon

First Assembly of God Mondays 10am-12pm- 15260 Nisquali Rd. Victorville, CA 760-243-4343

Gate Church Mondays 9am-12pm 11763 Amethyst Rd. Victorville,CA 760-949-8979

High Desert Second Chance Emergency Food Pantry

Utilities

CAP-SB Utility Assistance and Family Services

Effective immediately, Community Action Partnership requests that you submit your application for LIHEAP and SHARE Utility Assistance by mail only

New Internet Essentials Customers Will Receive 2 free months of Internet Service, Available To All Qualified Low-Income Households

Charter FREE Internet Access to qualifying homes with students Call 1-844-579-3743 to enroll

Southwest Gas - Effective immediately, all service disconnections have been indefinitely suspended, offering you peace of mind. Speak to a Customer Assistance representative at 877- 860-6020

To help with financial challenges due to COVID-19, Edison is temporarily suspending disconnections for customers unable to pay their bill

Community Resource Centers Update

In light of the current COVID-19 situation and to protect our community's health, IEHP has decided to cancel all classes and events at all of our three Community Resource Centers effective March 20, 2020. We are sorry for any trouble this may cause you. We will let you know when we return to our normal schedule. Thank you for your understanding and support.



Inland Empire Health Plan (IEHP) 10801 6th Street, Suite 120, Rancho Cucamonga, CA 91730

STAY CONNECTED



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