

Elementary Menu

October 3 – October 28, 2022

Fontana Unified School District K-6



**MEALS ARE
FREE
FOR ALL ELEMENTARY
STUDENTS EVERY
SCHOOL DAY.**

Monday, October 3	Tuesday, October 4	Wednesday, October 5	Thursday, October 6	Friday, October 7
<p>Breakfast Double Chocolate Muffin* Or Daily Entrée*</p> <p>Lunch "Breakfast 4 Lunch" Pancakes & Pork Sausage** Or Beef Taco Stick Or Daily Entrée*</p>	<p>Breakfast Egg, Cheese & Bacon Burrito** Or Daily Entrée*</p> <p>Lunch Chicken Nuggets Or Grilled Cheese Sandwich* Or Daily Entrée*</p>	<p>Breakfast Pan Dulce* Or Daily Entrée*</p> <p>Lunch Galaxy Pepperoni Pizza Or Fruit & Yogurt Parfait w/ Giant Goldfish Grahams* Or Daily Entrée*</p>	<p>Breakfast Breakfast Square w/Turkey Sausage Or Daily Entrée*</p> <p>Lunch Macho Beef Nachos Or Turkey Ham & Cheese Sandwich Or Daily Entrée*</p>	<p>Breakfast Honey Bun* Or Daily Entrée*</p> <p>Lunch Chicken Sandwich Or Pull-Apart Cheesy Bread w/ Marinara Sauce* Or Daily Entrée*</p>
Monday, October 10	Tuesday, October 11	Wednesday, October 12	Thursday, October 13	Friday, October 14
<p>Professional Development Day</p> <p>No School</p>	<p>Breakfast Egg, Cheese & Bacon Burrito** Or Daily Entrée*</p> <p>Lunch Teriyaki Chicken & Rice Or Grilled Cheese Sandwich* Or Daily Entrée*</p>	<p>Breakfast Pan Dulce* Or Daily Entrée*</p> <p>Lunch Chicken Tamale Or Fruit & Yogurt Parfait w/ Giant Goldfish Grahams* Or Daily Entrée*</p>	<p>Breakfast Breakfast Square w/ Turkey Sausage Or Daily Entrée*</p> <p>Lunch Chicken Drumstick w/ Garlic Toast & Cheez-It's Or Turkey Ham & Cheese Sandwich Or Daily Entrée*</p>	<p>Breakfast Honey Bun* Or Daily Entrée*</p> <p>Lunch 100% All-Beef Cheeseburger Or Pull-Apart Cheesy Bread w/ Marinara Sauce* Or Daily Entrée*</p>

AVAILABLE DAILY

Daily Breakfast Options

Assorted Cereal & String Cheese*

Seasonal Fruit Basket

1% White or Non-Fat Chocolate Milk

Daily Lunch Options

Bar, Yogurt, & String Cheese*

Seasonal Fruit Basket

Seasonal Veggie Variety

1% White or Non-Fat Chocolate Milk

Condiments


*Vegetarian Option

**Contains Pork

This institution is an equal opportunity provider and employer. Menus are subject to change without notice.

October



Monday, October 17	Tuesday, October 18	Wednesday, October 19	Thursday, October 20	Friday, October 21
<p><u>Breakfast</u> Double Chocolate Muffin* Or Daily Entrée*</p> <p><u>Lunch</u> "Breakfast 4 Lunch" Pancakes & Pork Sausage** Or Beef Taco Stick Or Daily Entrée*</p>	<p><u>Breakfast</u> Egg, Cheese & Bacon Burrito** Or Daily Entrée*</p> <p><u>Lunch</u> Chicken Nuggets Or Grilled Cheese Sandwich* Or Daily Entrée*</p>	<p><u>Breakfast</u> Pan Dulce* Or Daily Entrée*</p> <p><u>Lunch</u> Galaxy Pepperoni Pizza Or Fruit & Yogurt Parfait w/Giant Goldfish Grahams* Or Daily Entrée*</p>	<p><u>Breakfast</u> Breakfast Square w/Turkey Sausage Or Daily Entrée*</p> <p><u>Lunch</u> Macho Beef Nachos Or Turkey Ham & Cheese Sandwich Or Daily Entrée*</p>	<p><u>Breakfast</u> Honey Bun* Or Daily Entrée*</p> <p><u>Lunch</u> Chicken Sandwich Or Pull-Apart Cheesy Bread w/ Marinara Sauce* Or Daily Entrée*</p>
Monday, October 24	Tuesday, October 25	Wednesday, October 26	Thursday, October 27	Friday, October 28
<p><u>Breakfast</u> Double Chocolate Muffin* Or Daily Entrée*</p> <p><u>Lunch</u> Mini Corn Dogs Or Beef Taco Stick Or Daily Entrée*</p>	<p><u>Breakfast</u> Egg, Cheese & Bacon Burrito** Or Daily Entrée*</p> <p><u>Lunch</u> Teriyaki Chicken & Rice Or Grilled Cheese Sandwich* Or Daily Entrée*</p>	<p><u>Breakfast</u> Pan Dulce* Or Daily Entrée*</p> <p><u>Lunch</u> Chicken Tamale Or Fruit & Yogurt Parfait w/ Giant Goldfish Grahams* Or Daily Entrée*</p>	<p><u>Breakfast</u> Breakfast Square w/Turkey Sausage Or Daily Entrée*</p> <p><u>Lunch</u> Chicken Drumstick w/ Garlic Toast & Cheez-It's Or Turkey Ham & Cheese Sandwich Or Daily Entrée*</p>	 <p>CHEF'S CHOICE</p>