

Who Can Help Me in the County of San Bernardino?

The County offers many services in the community that can assist you and/or your family when situations arise. Below is a list of different services and resources that are designed to provide stability for both you and your family.

LEGAL INFORMATION

These services are intended to assist you with your legal needs in the community.

Superior Court Family Law:

1. San Bernardino (909) 521-3136
2. Rancho Cucamonga (909) 285-3559
3. Victorville (760) 245-6215
(serving the Joshua Tree area)

Inland Counties Legal Service (909) 884-8615

Juvenile Delinquency/Traffic:

1. San Bernardino (909) 269-8840
2. Rancho Cucamonga (909) 285-3577
3. Victorville (760) 245-6215
4. Needles (760) 326-4355

Legal Aid Clinic (866) 889-7328

Probation Department:

1. San Bernardino (909) 383-2700
2. Barstow (760) 256-4737
3. Joshua Tree (760) 366-4130
4. Rancho Cucamonga (909) 945-4000
5. Victorville (760) 243-8269

Public Defenders Juvenile Office:

1. San Bernardino (909) 387-0569
2. Victorville (760) 261-5322

Juvenile Detention and Assessment Centers (JDACs):

1. San Bernardino (909) 383-1769
2. Apple Valley (760) 961-6701

MENTAL AND BEHAVIORAL HEALTH

These services are intended to assist you when there are behavioral or mental health needs in your home.

Alcohol and Drug Referral Service (800) 662-4357

Alternative to Domestic Violence (800) 339-7233

Arrowhead Regional Medical Center (909) 580-1000 (Main Line)

California Youth Crisis Hotline (800) 843-5200

Canyon Ridge Hospital (909) 590-3700

Child Abuse Hotline (800) 827-8724

Community Crisis Response Team:

1. East Valley Region (909) 421-9233 or Pager (909) 420-0560
2. Morongo Basin Region 24 hr crisis line (855) 365-6558
3. West Valley Region (909) 458-1517 or Pager (909) 535-1316
4. High Desert Region (760) 956-2345 or Pager (760) 734-8093

Department of Behavioral Health Access Unit (888) 743-1478 or (909) 381-2420

Desert Mountain Children Center (760) 955-3601

Forensic Adolescent Service Team (FAST):

1. San Bernardino (909) 387-7118
2. Apple Valley (760) 961-6730

Loma Linda Behavioral Medicine Center (909) 558-9300

Salvation Army Rehabilitation Center San Bernardino (909) 889-9605

Sexual Assault Services (800) 656-4673

Transitional Aged Youth:

1. San Bernardino (909) 387-7194
2. Rancho Cucamonga (877) 760-0770
3. Victorville (760) 243-5417
4. Yucca Valley (760) 228-9657 ext. 126

EDUCATION AND CAREER

These services are intended to assist you with your current education and future career goals.

Boys and Girls Club (800) 854-2582

California Conservation Corp (909) 708-8488

GED Hotline (800) 626-9433

Goodwill Job Career Center:

1. San Bernardino (909) 890-1415
2. Victorville (760) 951-5350

National Job Corp (800) 733-5627

Regional Occupational Program (ROP) (909) 252-4550

Special Education Local Plan Area (SELPA):

1. Desert Mountain (760) 955-3550
2. East Valley (909) 252-4507
3. Fontana Unified (909) 357-5000
4. Morongo Unified (760) 367-9191
5. San Bernardino City Unified (909) 880-6863
6. West End (909) 476-6188

PROBATION RESOURCE CENTERS

Provides low cost/affordable specialized programs and activities for at-risk youth that may include Individual, Family, or Group Counseling, Gang Avoidance, Anger Management, Petty Theft, Substance Abuse, Victim Awareness, and Truancy.

High Desert Day Reporting Center (760) 243-8250 or (760) 243-8269

San Bernardino Youth Justice Center (909) 387-7359

Focus West (909) 467-5203

Montclair Day Reporting Center (909) 447-4501 ext. 207

MEDICAL HEALTH

These services are intended to assist you when there are medical needs within your family.

Department of Social Services (800) 952-5253

Transitional Assistance Department (909) 388-0245

Medi-Cal for Families Information Line (800) 880-5305

Inland Empire Health Plan (IEHP) (800) 440-4347

Planned Parenthood (909) 890-5511

Inland Regional Center (909) 890-3000

(Developmental/Intellectual Disabilities)

Public Health (800) 722-4777

Social Security Administration (800) 772-1213

PARENTING

These services are intended to help with the parenting needs in your family.

First 5 San Bernardino (909) 386-7706

(Programs for children ages birth – 5 yrs.)

Parent Project:

1. Toll Free (800) 372-8886
2. Inland Valley Recovery Center Upland (909) 949-4667
3. Victorville (760) 552-6611

WIC (Women, Infants, Children) (909) 388-5663

Volunteers of America:

1. Early Head Start (909) 888-4577
2. Family Resource Center (909) 562-0901 ext. 205

HOUSING

These services are intended to help with emergency housing situations in the community.

CAPSBC-Homeless assistance (909) 723-1500

Central City Lutheran Mission (909) 381-6921

Fraze Community Center (909) 889-4424

(Women and Children only in the shelter, Hot meals Mon. – Fri. 11:00am – 1:00pm)

Housing Authority (909) 890-9533

National Runaway SAFELINE (800) 786-2929 or (800) RUNAWAY

Option House San Bernardino (909) 381-3471 *(shelter domestic violence)*

Salvation Army Transitional Housing San Bernardino (909) 888-4880

Veronica's Home of Mercy San Bernardino (909) 888-9064 *(Women with children or pregnant only)*

Just Dial 2-1-1

Free and Confidential. You can dial 2-1-1 for information about other services in your community that we have not already provided such as:

1. Health Care
2. Counseling, Food, Support Groups
3. Clothing
4. Housing, Community Groups
5. Elder Services, Employment and many other services.