

## Community Resource Card

Fontana Unified School District  
Student Services Department  
**Oscar Dueñas, Associate Superintendent**  
**Dr. Shelley Holt, Deputy Chief of Student Services**  
9680 Citrus Avenue, Fontana, CA 92335  
(909) 357-7600

EMERGENCY – DIAL 9-1-1

### TO FIND ANY SERVICE - DIAL 2-1-1

TTY users DIAL 7-1-1

24 hours – 7 days a week

Food/clothing/shelter/counseling/crisis/health/dental/+ more

#### PSYCHIATRIC EMERGENCY/CRISIS

CRISIS WALK-IN CLINIC – (909) 421-9495

850 E. Foothill Blvd, Rialto, CA

Crisis Response Team (will come to you) (909) 458-1517

24 HR Referral Hotline – (909) 386-8256 or (800) 743-1478

#### FONTANA POLICE DEPARTMENT

(909) 350-7700, 17005 Upland Ave, Fontana, CA

#### WEBSITES FOR ALL MENTAL HEALTH CONCERNS

[www.healthplace.com](http://www.healthplace.com) (including LGBT)

<http://www.sbcounty.gov/dbh>

#### COUNSELING – Free

Vista Counseling Center - (909)854-3420

17216 Slover Ave, Bldg. L, Fontana, CA

South Coast – (877) 527-7227

Will come to you (at school, church, or clinic)

#### SUICIDE

Suicide Hotline (800) SUICIDE

CRISIS WALK-IN CLINIC – (909) 421-9495

850 E. Foothill Blvd, Rialto, CA

Crisis Response Team (will come to you) (909) 458-1517

Grief Support Group (909) 894-8672 or (909) 894 -8673

#### CUTTING/SELF-INJURIOUS BEHAVIOR

SAFE Alternatives (800) 366-8288, [www.selfinjury.com](http://www.selfinjury.com)

#### EATING DISORDER

SAFE Alternatives (800) 366-8288

Eating Disorder Hotline (not 24hrs) (800) 931-2237

#### LGBTQ SUPPORT

RAINBOW PRIDE YOUTH ALLIANCE – (909) 519-3927

3041 N. Sierra Ave, San Bernardino, CA

<http://www.rpya-ie.org/>

Provides a safe environment for LGBTQI youth

GLBTQ National Youth Talk (800) 246-PRIDE

[www.glbthotline.org](http://www.glbthotline.org)

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**RUNAWAY**

Runaway 24-hour Safeline (800) RUNAWAY  
[www.1800runaway.org](http://www.1800runaway.org)  
 OUR HOUSE SHELTER (for ages 12-17yo) – (909) 335-2676  
 940 Stillman Ave, Redlands, CA  
[www.familyassist.org](http://www.familyassist.org)

**TRANSITIONAL AGE YOUTH**

DROP-IN YOUTH CENTER – recreational activities, employment and housing assistance, for 16-25yo with mental health and emotional issues, in transition to independence.  
 700 E Gilbert St, Bldg. 4, San Bernardino, CA  
 (909)387-7194  
 9074 Arrow Route Ste 170, Rancho Cucamonga, CA  
 (877) 760-0770

**VICTIM**

SEXUAL ASSAULT SERVICES – (909) 885-8884  
 505 N. Arrowhead, #100, San Bernardino, CA  
 HATE CRIMES LEGAL SERVICES – (909) 387-6540  
 303 West 3<sup>rd</sup> St, San Bernardino, CA  
 Human Trafficking 24-hour hotline (888) KEY-2-FREEDOM  
 Legal Aid (9am-noon) (909) 889-7328

**ABUSE**

Domestic Violence Shelter/Crisis Hotline (800) 851-7601  
 House of Ruth Domestic Violence Agency  
 24-hour hotline (909) 988-5559  
 Dating Abuse Helpline (866) 331-9474

**ALCOHOL and DRUG ABUSE**

Youth Alternative Solutions Program LLU (909) 558-4077  
 24-Hour Referral Service (909) 421-4601  
 San Bernardino County Services (909) 421-4601  
 CEDAR HOUSE TREATMENT CENTER (909) 421-7120  
 18612 Santa Ana Ave, Bloomington, CA  
 Alateen (Friends & Family of Alcoholics for teens)  
 (888)425-2666 <http://al-anon.org/for-alateen>

**CLINICS – low cost**

BLOOMINGTON HEALTH CENTER – (909) 546-7520  
 18601 Valley Blvd, Bloomington, CA  
 PUBLIC HEALTH CLINIC – (800) 722-4777  
 606 East Mill St, San Bernardino, CA  
 Vaccines, Birth Control, Pregnancy & STD Testing  
 PLANNED PARENTHOOD – (909) 890-5511  
 1873 Commercenter W, San Bernardino, CA  
 Birth Control, Pregnancy & STD Testing  
 FREE PHYSICAL EXAMS – up to 21yo (800) 722-3777

**HEALTH INSURANCE**

Medi-Cal (888) 747-1222  
 IEHP (866) 294-4347  
 Molina (800) 526-8196

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