

The Kaiser Claw

Dig for the News



Heart shaped candy

Love Is In the Air

Learn about the five love languages

----- DANIELLE TIOLO

The sole definition of a "love language" is the way that we receive or express love from or to others.

1) WORDS OF AFFIRMATION

The expressing of affection through the use of spoken words, praise, or appreciation. Should this be the primary love language of a person, they would enjoy kind words and encouragement along with uplifting quotes, love notes, and cute text messages. A simple compliment or acknowledgment of what they do well would brighten their day.

2) QUALITY TIME

With this love language, a person would express their love and affection through undivided attention. Being present and focused is when love is most felt. This could be putting down the phone, making eye contact, and listening actively. Affirm to what they are saying and refrain from offering advice is a key part of this love language.

3) PHYSICAL TOUCH

A person with physical touch as their love language expresses and feels love through physical affection. This means more than intimacy; this could be through holding hands or small touches on the arm. Watching a movie and cuddling on the couch would be a perfect date idea for this person. All they want is to be physically close to their partner.

4) ACTS OF SERVICE

This person feels love when a person does something nice for them. This could be like helping with dishes, running errands, vacuuming, or putting gas in the car. Little things such as this is an act of love to them.

5) GIFTS

Gift-giving is symbolic of love and affection, especially if is a person's primary love language. Such gifts do not have to be large or expensive, it has to do more with the meaning behind it. Giving them a gift at random means a lot to them. They would be able to remember every gift given to them.

Pick-Up Lines

Step up your game with these ten pick-up lines.

----- MARIANNE

1. Are you wi-fi? Cause I'm totally feeling a connection.
2. If I had a nickel for every time I saw someone as beautiful as you, I'd have five cents.
3. I'd like to take you to the movies, but they don't let you bring in your own snacks.
4. Are you Australian? Because you meet all of my koalafications.
5. Know what's on the menu? Me-N-U.
6. Your middle name must be Gillette. Because you're the best a man can get!
7. You look so familiar. Didn't we take a class together? I could've sworn we had chemistry.
8. You and I are like nachos with jalapeños. I'm super cheesy, you're super-hot, and we belong together.
9. Knock-knock. (Who's there?) When where? (When where who?) Tomorrow night, my house, you.
10. Do you like *Star Wars*? Cause Yoda only one for me.



Great Kindness Challenge Participants

The Zodiac Signs and Their Insights for Love

Learn about what your sign should expect and do for the month of love!

----- MARISSA GOMEZ AND WENDY PHUNG

Aries

It would be best for you to put yourself out there and to initiate something further happening instead of waiting around. Don't be afraid to put yourself out there!

Taurus

You should start to directly state your wants as well as your needs instead of hiding them. The right people will not make you feel as though your wants and needs are invalid.

Gemini

Take a huge step back on that relationship you are trying to pursue. You should try to learn more about that special someone before you try to continue a deeper relationship.

Cancer

Although it may be intimidating, you should try to communicate your feelings more instead of giving them dull responses. Those who truly care about you will listen and take your feelings into consideration.

Leo

If you are passionate about that certain someone, you should take that leap of faith to pursue something deeper with them! However, something bad will happen before you can get to the good parts, so beware.

Virgo

Right now would be a good time to reflect on your current relationships, both platonic and romantic, and evaluate whether they are healthy and happy. This is the time for you to gain deeper feelings as well as understandings of all your relationships.

Libra

If you are thinking about asking that special someone to pursue a deeper relationship you might want to wait a bit! Although it is not your fault, they just aren't ready for that kind of relationship yet, just give them some time.

Scorpio

You are both avoiding a deeper issue between the two of you. You both need to spend some time apart so you can become stronger and work through the issues.

Sagittarius

You are preventing yourself from having an important conversation with your partner. Though, this conversation has been avoided because of your fears, you'll feel better after you communicate your thoughts

Self Love Awareness

Learn about the importance of self love and tips on how to protect your well being and happiness.

----- EMILY LARA AND SHERINA KABING

Self-love can be defined as having an appreciation for one's worth or value. It is often thought of as including paying sufficient attention to one's own happiness and well-being. As young teenagers, we often speak to ourselves negatively, but to practice self-love we should practice ways to speak and treat ourselves kinder.

One way you may want to practice self-love is through affirmations. You can start by identifying some parts of yourself that you believe to be worthy.

Create some statements to repeat to yourself to remind yourself of that you are worthy of self-love!

Examples:

I am amazing, strong, and worthy of love!

I am worthy of health, wealth, and love!

My possibilities are endless!

Theater Club's 'Coriolanus' Review and Upcoming Play

----- EMILY VILLA

Coriolanus was written by William Shakespeare around 1605 and 1608. According to certain historians, this play was said to have been written in a severe plague outbreak, when theatre's were shut down all around London; which explains the calamitous nature of it. This story surrounds a Roman war tragedy, where famine, civil unrest, and internal battle are center stage. On Kaiser's stage, the Roman columns were finely painted to embody a pristine nature, however, some were cracked and broken, which effectively presented the image of a corrupt political situation.

The stone that was painted onto flats looked very real and solidified the image of a new Roman world. From the beginning, when actors were huddled closely over alters and fearfully eating apples behind trees, the feel of famine and unrest was clear.

When the audience first sees Coriolanus—played by Caitlin Porter—their eyes could no longer be removed, for Coriolanus was every bit the cut-throat warrior theatre promised. All characters on stage visibly straightened when Coriolanus announced his presence, all except his mother, Volumnia.

This mother and son relationship on stage was perhaps the highlight of the play because it added a human aspect to this sharp-edged warrior, and showed the lengths that Volumnia would go for the benefit of her son. Volumnia was played by Giselle Burquette, president of theatre club, and her performance so eagerly conveyed power, status, and, of course, motherly affection.

This play, in all its glory, was quite the masterpiece from set to performance. Theatre Club's next play will be *In The Heights*, which will celebrate Latinx culture. Come see these fabulous actors perform in May. Stay tuned, Cats.



Heart shaped decorations

Love Stories Unfolded

Read this endearing couple story straight from Kaiser staff

----- ROSELIN CHAVEZ AND SHERINA KABING

We interviewed our school couple: Mrs. Johnson and Mr. Johnson

When they met: They met October 2001 in an online book and literature chat room, where Mrs. Johnson was looking for an escape from her mother’s passing. They began talking as friends and a few months later, February 27, 2002 was the day that they went from being friends to being together. Mr. Johnson was in New York while Mrs. Johnson was in Chicago, they were apart for 7 weeks and were in a long-distance relationship. They have a lot in common like their love for Stephen King, as well as other cool little details. Mrs. Johnson has 3 kids, and Mr. Johnson never wanted to have biological kids, he wanted to adopt. He adopted Mrs. Johnson daughter, and moved in with them in May 2002. They are both Celtic and were hand fasted June 15, 2002 which means that they had an unofficial wedding. Her sister and brother in law at the time were officiating the wedding, and they exchanged vows and knew they would be marrying each other a year later. They had a big garden party and wore flower hats that they have hung up on their wall.

He constantly reminds her how beautiful she is and uplifts her when she isn’t feeling her best. “He’s my best friend” she says, “Even more so than when we were first together”.

Something that reminds her of him: Anything that deals with any kind of book reminds her of him. They have their own songs as well, and whenever she hears their songs, she begins to get emotional.

Relationship advice: “Listen to each other, respect one another, and assume generously that they are there for you” she says “Care for what they have to say, being able to hear the other person and being honest, let them know when something hurts you, setting your boundaries. This helped him set boundaries with me”. She says they’re very good at communicating with each other now, and that they’re at a place where they can call each other out like saying “You can’t do that to me”. Mrs. Johnson stated, “Don’t be afraid to say you’re sorry”, in doing so, it has helped them respect each other’s boundaries and be able to work on saying what’s hurtful has made them more connected and have an overall healthy relationship.

Creative Writing

Entres

Kaiser students submit their experiences with love. Honorable mentions will be announced on Instagram. @thekaiserclaw

1st Place Winner: Milena Andreola, 10th grade, with her poem “Lovesick”

*What I have is no heartache,
But it is not fake.
When it comes to you, I lose my que.
Boy, you make me crazy, and all becomes hazy.
I have a desire, that burns like a fire.
I feel this is real, so let's make a deal
To love each other lots, without any second thoughts*

How can my soul still feel your soul's sunlight?

My head leans upon my castle wall. Built

By my thoughts, a heart protected by stone,

Walls torn; emotions covered by your quilt,

Suddenly I'm abandoned, my heart groans.

I understand now, all roads lead to Rome.

A heart lives, waiting for an old lover.



**2nd Place Winner: Giselle Albavera
Burguette, 12th grade, with her poem,
“The Waiting Game”**

The memories of our soul keep me up.

In the blazing inferno of midnight

Happily, I drink from nostalgias cup.

Through pain, I came to accept you are home.

Venus in the pantheon, pleading, “love her”

A memory described as tenacious,

My sweet enchanter has taught me patience.



Newspaper Club's Spotlight of the Month

A Featured Interview with Teacher Librarian, Mrs. Jones

----- ADRIAN GARCIA

Throughout Kaiser High's campus, there are many individuals who assist in establishing the integrity of the school and in turn support the ever-expanding student population. In doing so, they make school life a lot more enjoyable. These faculty members work tirelessly to ensure the safety and student's academic and social-emotional needs are being met. I can say, these are Kaiser's unsung heroes; working their magic behind the scenes. The Newspaper Club would like to spotlight one of these hidden gems. This month we will delve into the professional life of Kaiser's Teacher Librarian Mrs. Ajaa Jones.

Without outing her true age, Mrs. Jones started her journey here at Henry J. Kaiser as a Special Education teacher. Her dedication and passion to mold the lives of her students, has guided her to her current position. Here, her impact is felt by all that step foot in the library. In any given day, you can observe Mrs. Jones assisting students, parents, and staff checking-in/out books or address technical issues. Mrs. Jones works hard to ensure that student life is both enjoyable and straightforward. We had the opportunity to interview Mrs. Jones and ask her a few questions pertaining to her perspectives on Kaiser life and how she plays a contributing role within it.

Within Kaiser, how would you promote a supportive environment? As well how do you establish your connections with your students?

"Just by being present. I think making sure that you're smiling and acknowledging the students; checking in on

them, so that when they come into the library just making sure 'I say good morning, how are you doing?' that type of thing."

How do you make it so that you are able to help the students with what they need and ultimately make it so that they have a place to go or someone to talk to?...

"I think by just being open and just like smiling, like I think a smile, and I know that we can't see smiles because of the mask, but you can tell that the demeanor and facial expressions, I think that just invites people to ask you stuff. If somebody has a mean face or they're just with their heads down and they're not making eye contact than that kind of pushes people off, especially making so that students are less likely to ask for help."

We further like to make it so that students get to know Mrs. Jones so we continue to ask her to share something about herself.

So, besides the library what is something that students might not know about you?...

"Well, something that some students might not know is that I have a daughter who will be turning 20 this year, so she is in her second year of college. She is trying to navigate through college waters, its different, especially during a pandemic. Other than that, I just hang out at home, I love shopping, I am great at finding sales!"