Follow the Seven Steps to Earthquake Safety to be prepared to survive and recover from the next damaging earthquake. More information for each step is available at earthquakecountry.org/sevensteps.

Step 1: Secure your space by identifying hazards and securing moveable items.

Step 2: Plan to be safe by creating a disaster plan and deciding how you will communicate in an emergency.

Step 3: Organize disaster supplies in convenient locations.

Step 4: Minimize financial hardship by organizing important documents, strengthening your property, and considering insurance.

Step 5: Drop, Cover and Hold On when the earth shakes.

Step 6: Improve safety after earthquakes by evacuating if necessary, helping the injured, and preventing further injuries or damage.

Step 7: Reconnect and Restore daily life by reconnecting with others, repairing damage, and rebuilding community.