

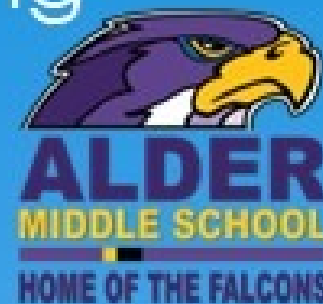


PARENT EMPOWERMENT

Will be providing Active and Engaging

Parent Workshops

At Alder Middle School



Workshop name	Date	Time
Helping your child succeed in school	Wednesday, September 7, 2022	3:00-4:30 pm
Techniques for communicating with your adolescent	Wednesday, November 2, 2022	3:00-4:30 pm
Strengthening your child's confidence and resilience	Wednesday, January 11, 2023	3:00-4:30 pm
Mental Health and bodily injuries in minors	Wednesday, February 8, 2023	3:00-4:30 pm
Effective Discipline	Wednesday, March 1, 2023	3:00-4:30 pm
Strengthen Families and Schools (creating and extending a sense of community)	Wednesday, April 5, 2023	3:00-4:30 pm

