



6821 Oleander Ave., Fontana, CA 92336



Do wear a mask that



If you are not fully vaccinated and aged 2 or older, the CDC continues to advise you to wear a mask when indoors. Here at Miller, indoors would constitute the classrooms we learn in as well as the hallways we walk within.

In order to properly wear a mask, the CDC advises that it fully covers your nose and mouth while secured under your chin and fits snugly on either side of your cheeks.

How NOT to wear a mask



Around your neck



On your forehead



Under your nose



Above your mouth



Under your chin



Hanging from your ear



Hanging from your arm

*All graphics and information courtesy of cdc.gov

September is National Suicide Prevention Month. All month, mental health advocates, prevention organizations, survivors, allies, and community members unite to promote suicide prevention awareness.

#BeThe1To is the National Suicide Prevention Lifeline's message for National Suicide Prevention Month and beyond, which helps spread the word about actions we can all take to prevent suicide. The Lifeline network and its partners are working to change the conversation from suicide—to suicide prevention, to actions that can promote healing, assistance, and give hope.

Here at A.B. Miller, our campus' Peer Leaders are there to lead a helpful shoulder or ear to anyone in need.



A tradition implemented by Principal, Dr. Dustin Saxton upon his arrival, is the ringing of the victory bell by our athletics teams when victorious. Thus far, our football team is making good use of the bell.

NATIONAL
SUICIDE PREVENTION LIFELINE
1-800-273-TALK (8255)
suicidepreventionlifeline.org



Follow all the action @ABMillerHS

