

BIRCH HIGH SCHOOL BREAKFAST & LUNCH MENU

AUGUST 4—NOVEMBER 3, 2017



Monday
Breakfast
PB&J Graham*
Cinnamon Roll*

Ultimate Breakfast Square
w/ Turkey Sausage & Cheese

Lunch
Cheeseburgers

Tuesday
Breakfast
PB&J Graham*
Cinnamon Roll*

Ultimate Breakfast Square
w/ Turkey Sausage & Cheese

Lunch
Breaded Chicken Drumstick w/
Mashed Potatoes & Crumb Cake

Wednesday
Breakfast
PB&J Graham*
Cinnamon Roll*

Ultimate Breakfast Square
w/ Turkey Sausage & Cheese

Lunch
Yogurt & Fruit Parfait*

Thursday
Breakfast
PB&J Graham*
Cinnamon Roll*

Ultimate Breakfast Square
w/ Turkey Sausage & Cheese

Lunch
Teriyaki Chicken Rice Bowl

Friday
Breakfast
PB&J Graham*
Cinnamon Roll*

Ultimate Breakfast Square
w/ Turkey Sausage & Cheese

Lunch
Handmade Bean & Cheese Burrito*

Available
Spicy Chicken Sandwich
PB&J Sandwich*
**Vegetarian Option*

Chef's Choice
August 28
September 25
October 30

Sides
Seasonal Fruit Basket
Seasonal Vegetable Variety
1% White or Non Fat Chocolate Milk
Daily Condiments