

MIDDLE SCHOOL BREAKFAST & LUNCH MENU

AUGUST 4 — NOVEMBER 3, 2017



Monday

Breakfast

PB&J Graham*
 Chocolate Muffin*
 Cinnamon Roll*
 Ultimate Breakfast Square
 w/ Turkey Sausage &
 Cheese
 Bagel & Cream Cheese*
 Pan Dulce Variety*

Lunch

Cheeseburgers
 Chili Cheese Nachos*
 Pepperoni or Cheese*
 Pizza: Pizza Hut or
 Rose & Shore
 Caesar Salad
 Southwest Turkey Sub

Tuesday

Breakfast

PB&J Graham*
 Chocolate Muffin*
 Cinnamon Roll*
 Ultimate Breakfast Square
 w/ Turkey Sausage &
 Cheese
 Bagel & Cream Cheese*
 Turkey Ham & Cheese Melt

Lunch

Chicken Tenders w/ Mashed
 Potatoes & Crumb Cake
 Hot Dog
 Pepperoni or Cheese*
 Pizza: Pizza Hut or
 Rose & Shore
 Chef's Salad
 Tuna Salad Sandwich

Wednesday

Breakfast

PB&J Graham*
 Chocolate Muffin*
 Cinnamon Roll*
 Ultimate Breakfast Square
 w/ Turkey Sausage &
 Cheese
 Bagel & Cream Cheese*
 Egg, Cheese &
 Sausage Burrito

Lunch

Pick Up Stix House Chicken
 Chicken Tacos
 w/ Spanish Rice
 Round Pepperoni Pizza 1W
 or Cheese Pizza Slice*
 Homemade Salsa
 Italian Deli Salad
 Yogurt & Fruit Parfait*

Thursday

Breakfast

PB&J Graham*
 Chocolate Muffin*
 Cinnamon Roll*
 Ultimate Breakfast Square
 w/ Turkey Sausage &
 Cheese
 Bagel & Cream Cheese*
 French Toast Sticks*

Lunch

California Thursday's
 Meatball Sub Flatbread
 Teriyaki Chicken Rice Bowl
 Cheese* or Pepperoni
 Pizza: Rose & Shore
 Taco Salad
 "Kicked Up" Club Wrap

Friday

Breakfast

PB&J Graham*
 Chocolate Muffin*
 Cinnamon Roll*
 Ultimate Breakfast Square
 w/ Turkey Sausage &
 Cheese
 Bagel & Cream Cheese*
 Rise 'N Shine Bowl
 w/Tater Tots & Tortilla

Lunch

Green Sauce
 Chicken Tamale
 w/ Spanish Rice & Beans
 Handmade Bean &
 Cheese Burrito*
 Pepperoni or Cheese*
 Pizza: Pizza Hut or Rose &
 Shore
 Homemade Salsa
 Caesar Salad
 "Little Italy" Sub

Available Daily

**Spicy Chicken
 Sandwich**

PB&J Sandwich*

Bistro Box*

*Vegetarian Option

Chef's Choice

August 28
 September 25
 October 30

Turkey & Gravy

August 18
 September 22
 October 20

Sides

**Seasonal Fruit
 Basket**

**Seasonal
 Vegetable Variety**

**1% White or Non
 Fat Chocolate Milk**