

Athletics Criteria Update (February 26, 2021) –

On Monday, January 25, 2021, Governor Newsom lifted the regional Stay at-Home Order for the State that was implemented to reduce and slow the spread of COVID-19. With the Stay at-Home Order being lifted, student-athletes, coaches and families are eager for athletic conditioning to resume at the high schools and eventually for athletic competition to return. On Friday, February 19, 2021, the CDPH, along with the CIF State, issued new guidelines. Based on the Governor's Safe Return to Schools proposed guidelines and recently released CIF guidelines, below are recommended data-based athletics criteria for the phasing-in of athletics at FUSD high schools that align to the District's Athletic COVID-19 Protocols for the 2020-21 School Year:

Phase	Activity	Health Criteria	Sports	FUSD Requirements	State Guidelines	FUSD Alignment w/ State
1	Outdoor Pod Conditioning	Under 100 new cases per 100k in county and local area w/ weekly testing for 5 straight days	All	<ul style="list-style-type: none"> Pods of 10 students or less 6 feet distance between participants Masked (except in pool) Equipment can be used but not shared Equipment must be sanitized after use Testing is required of all participating Informed consent form completed and on file at the school (all participants) Temperature check daily Daily COVID-19 risk assessment form completed (all participants) 	<ul style="list-style-type: none"> Currently allowed without stay at-home order No requirement for conditioning only days Face Coverings worn when not participating No sharing of equipment 6 feet distance between participants Testing not required 	FUSD requirements exceed those of the CDPH's recommendation for return to play
2	Outdoor Sports Practicing in Teams w/ Shared Equipment (<i>Only after 5 consecutive outdoor pod conditioning days</i>)	Under 25 new cases per 100k in county and local area w/ weekly testing for 5 straight days	All	<ul style="list-style-type: none"> Pods of 15 or less 6 feet distance between Participants Masked (except in pool) Equipment can be shared (ball passed, shots taken, etc.) Equipment must be sanitized after use Testing is required for all participants Informed consent form completed and on file at the school (all participants) Temperature check daily 	<ul style="list-style-type: none"> Currently allowed No requirement for conditioning only days Face Coverings worn when not participating Testing not required 	FUSD requirements exceed those of the CDPH's recommendation for return to play

				<ul style="list-style-type: none"> Daily COVID-19 risk assessment form completed (all participants) 		
3a	<ul style="list-style-type: none"> Outdoor Sports Practicing w/o Distancing 	Under 14 new cases per 100k in county and local area for 5 straight days w/ weekly testing	All	<ul style="list-style-type: none"> Full practice Masked (except in pool) Equipment must be sanitized after use Testing is required for all participants Informed consent form completed and on file at the school (all participants) Temperature check daily Daily COVID-19 risk assessment form completed (all participants) 	<ul style="list-style-type: none"> Currently allowed if our Adjusted Case Rate is 14 or less No requirement for conditioning only days Face Coverings worn when not participating Testing not required 	FUSD requirements exceed those of the CDPH's recommendation for return to play
3b	<ul style="list-style-type: none"> Outdoor Sports Competition 	Under 14 new cases per 100k in county and local area for 5 straight days w/ weekly testing	All Outdoor Sports	<ul style="list-style-type: none"> CIF/CDPH approved outdoor sports able to compete Masked (except in pool or in competition) Equipment must be sanitized after use Testing is required for all participants Informed consent form completed and on file at the school (all participants) Temperature check daily Daily COVID-19 risk assessment form completed (all participants) 	<ul style="list-style-type: none"> CDPH guidelines include mandatory testing for football and water polo ONLY AND signed informed consent form 	FUSD requirements exceed those of the CDPH's recommendation for return to play
4	<ul style="list-style-type: none"> Indoor Sports Practice 	Under 7 new cases per 100k in county and local area for 5 straight days w/ weekly testing (or CDPH gives updated guidance)	<ul style="list-style-type: none"> Basketball Volleyball Wrestling Cheer 	<ul style="list-style-type: none"> Masked (except in pool or in competition) Shared equipment Equipment must be sanitized after use Informed consent form completed and on file at the school (all participants) Testing is required for all participants Temperature check daily 	<ul style="list-style-type: none"> Aligned with the CDPH guidelines 	FUSD requirements exceed those of the CDPH's recommendation for return to play

				<ul style="list-style-type: none"> • Daily COVID-19 risk assessment form completed (all participants) 		
5	<ul style="list-style-type: none"> • Indoor Sports Competition 	Under 4 new cases per 100k in county and local area for 5 straight days w/ weekly testing (or CDPH gives updated guidance)	<ul style="list-style-type: none"> • Basketball • Volleyball • Wrestling • Cheer 	<ul style="list-style-type: none"> • Indoor sports able to compete. • Follow CDPH guidelines • Masked (except in pool or in competition) • Equipment must be sanitized after use • Temperature check daily • Daily COVID-19 risk assessment form completed (all participants) 	<ul style="list-style-type: none"> • Aligned with the CDPH guidelines 	FUSD requirements would align with the CDPH's recommendation for return to play